

Fire Safety Behaviours

A guide for students with an
Autism Spectrum Disorder.



Where can fire be dangerous?

Fire can be used safely (in a fireplace, on a birthday cake, on candles or at a campfire). Fire can also be dangerous. Fire from an electrical device, in the woods, or a match that isn't handled properly can be dangerous. Make sure to tell an adult right away if you see dangerous fire.



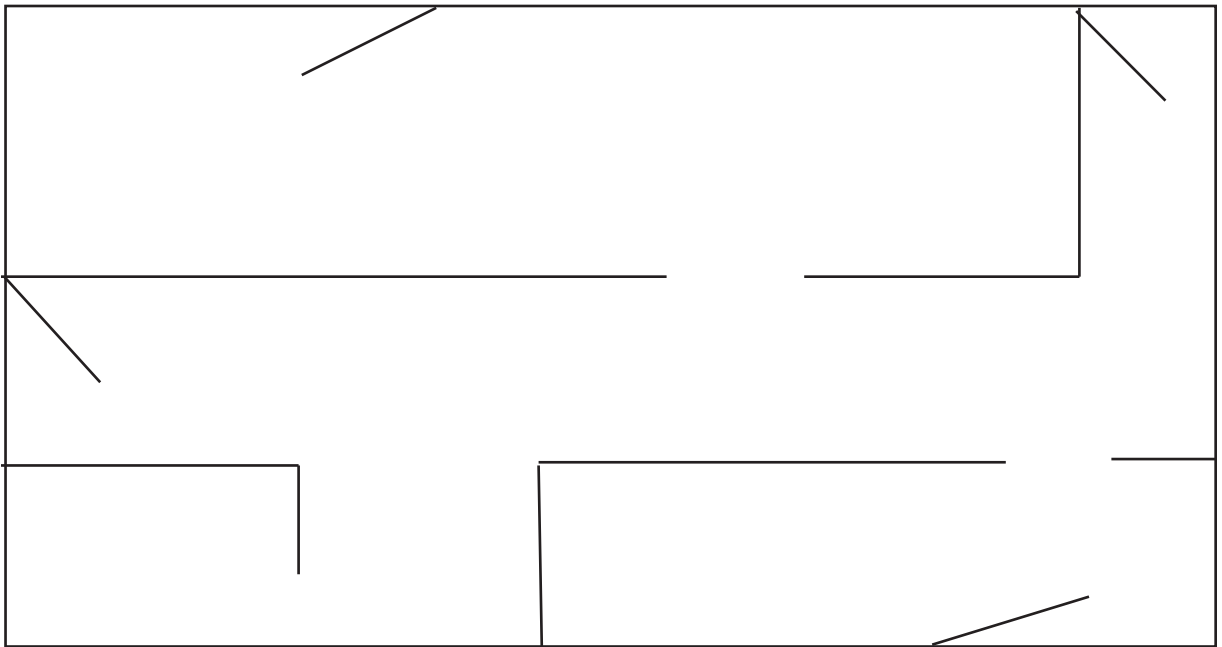
What do I do if I hear a fire alarm?

What is that loud sound? Make sure you can recognize the sound of a fire alarm. This means there is a fire somewhere in the building and you must safely leave with your class and your teacher.



What is my evacuation plan?

Make an evacuation plan! Make a plan of your school and know the quickest route to get outside in case of a fire. Remember to keep it close to the door so that you can get to safety as quickly as possible.



What do I do if I'm on fire?

Oh no! The fire is on your clothing! You must stay calm and stop what you are doing. Go down on the floor and roll your body back and forth over the fire to make it go out.



STOP!



DROP!



ROLL!

What do I do if there is smoke in the room?

If the room is filled with smoke, it will be difficult to see and breathe. Smoke rises, so you must go down onto the floor to be able to see and breathe better. Once you are on the floor, crawl to the door so that you can get outside as fast as you can.



How do I treat a burn?

Ouch! The fire touched your skin and now you have a painful burn. Place your burned skin under cold water and wait 5 minutes. This will help the pain go away. You must also go and tell an adult so that they can help you treat the burn.



What do I do if I see something unsafe?

If you see a fire or an object or situation that seems unsafe, make sure to tell an adult right away. Remember to stay safe! Do not touch an item that is on fire or seems unsafe.



What is the role of a firefighter?

A firefighters' job is to help protect you and anybody else in an emergency situation. They are called for all kinds of situations (car crashes, water rescue, as well as fires). They want to help you, so make sure you listen to their instructions and stay safe!



This guide has been created in partnership with first responders and the autism community.

For more educational materials and information about autism, visit: asdfirstresponders.ca



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